

2020 Chinese New Year's Blessing

Best wishes to all friends. Happy Chinese New Year! Good fortune in all things!

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Online friends, the Year of the Rat has arrived. I have the best blessings to wish upon you and many ideas and pieces of advice to offer you. I want to tell you how to be very lucky in the Year of the Rat. How to get your dream job. How to realize your ideas. How to be safe. How to avert disasters.

I want to remind everyone to chant as much as possible during the Chinese New Year season. Keep chanting mantras in your heart. This way, buddhas, bodhisattvas and celestial beings will hear you during this holiday season. May kind thoughts occupy your heart and mind. May your mouth be occupied with chants and your heart with compassion. Do good deeds. Love and honor your parents. May more compassion and empathy inhabit your heart.

I wrote this Spring Festival Couplet: "Diligent cultivation and practice rejuvenate our body. Kind words and actions awaken our heart." So, I hope you won't forget that now is a great time to practice. Practice daily. Even if it is only an hour a day. If we do, we will be able to enjoy longevity.

I sincerely wish for all friends, to have good luck and fortune and wish-fulfillment. Happiness and health. May your most wonderful dreams come true. Wish for peace on Earth, peace for all humankind the world over. This is my daily wish and hope. May you have peace, good luck, wish-fulfillment and happiness.

Happy Chinese New Year, everyone!